

Claude + Notion: it cleans up your notes and writes them back in

Connect Claude to Notion once and it becomes your note cleaner. You type one plain-English sentence, Claude reads your messy page, rewrites it into a clean summary with a checklist of next steps, and updates the page in Notion itself. You open the app and it is already done. I used to lose half my ideas in that mess. Now nothing slips.

I did this whole thing on my phone. Claude talks to Notion through a connector, so once they're linked, any chat can work your notes: Claude opens the page, reads the whole wall of text, rewrites it into something clean, and writes the tidy version straight back into Notion. It shows you what it changed and asks before it updates, so you always stay in control.

Before you start: you need the Claude app and a Notion account with at least one page. If you don't see Connectors in Claude, update the app. When you connect Notion, it asks which pages to share, so Claude only ever sees the ones you pick. The same flow works on desktop too.

The 4 steps

1. **Connect Claude to Notion, once.** In the Claude app, open *Connectors* (tap the *+* next to the message box, or go to *Settings* → *Connectors*). Find *Notion*, tap *Connect*, then pick which pages to share and tap *Allow*. You only ever do this once.
2. **Give it one job.** Start a new chat and type one sentence: which page to read and what you want back. Mine is below, steal it.

3. **Let it read and rewrite.** Claude opens the page, reads the whole thing, and turns it into a clean summary with a checklist of next steps, right there in the chat.
4. **Let it write back.** Say yes when it offers to update the page, and it writes the clean version straight into Notion. Open the app and it is already done.

THE EXACT PROMPT FROM THE VIDEO

Read my ideas page in Notion and rewrite it as a short summary with a checklist of next steps

The pattern is: name the page, plus what you want it to become. Naming Notion-style intent ("read my page", "rewrite it", "update the page") is what makes Claude reach for the connector and work your real pages instead of guessing.

Good next prompts

- "Read my meeting notes page in Notion and pull out the action items with owners and due dates."
- "Summarize my project page in Notion into three bullets and add a checklist of what is left."
- "Find my content ideas page in Notion, group the ideas by theme, and add a priority tag to each."

What you need

- The Claude app (phone or desktop).
- A Notion account with at least one page.
- About ten seconds to connect it, once. No code.

That is the whole trick. If it was useful, the newsletter is where I send the next one before it hits YouTube.

